



ARCHIVE

THE ARCH NEWSLETTER

AUGUST 2025

NEWS

MASALA STUDY FEATURED IN DOCUDRAMA THE BROWN HEART

The MASALA Study, led by ARCH member Dr. Alka Kanaya, has helped with a docudrama called [The Brown Heart](#). This is an engaging docudrama told by personal stories of South Asians from around the world who have experienced heart disease, and why this happens, and how to prevent heart disease. It's streaming online and being shown in community settings around the U.S.

ARCH MEETINGS

The next ARCH meeting is on Thursday, August 21, 2025 at 2:30 - 4:00 PM (Pacific) featuring presentation from 3:00 – 4:00 PM PST on ASPIRE: The first national Asian American cohort study for cancer research

Future ARCH meeting dates: November 20, 2025

ABSTRACTS REVIEWS

Compiled by Dr. Janet Chu

Abstract Reviews (March 31, 2025- June 30, 2025): Focus on AANHPI studies

ARCH members abstracts

- Tsoh, Meyer, Kanaya, Park, and colleagues elucidated barriers and facilitators to research participation is especially important in Asian American, Native Hawaiian, and Pacific Islander (AANHPI) populations: <https://pubmed.ncbi.nlm.nih.gov/40545557/>
- Tsoh, Meyer, Mukherjea, Javier, Park, and colleagues described activity to date and planned expansions in cultural groups, language capacity, and data collection for the Collaborative Approach for AANHPI Research & Education (CARE) registry: <https://pubmed.ncbi.nlm.nih.gov/40207420/>
- Jih and colleagues described utilization patterns of an after-hours physician triage and advice telephone service in an academic adult primary care practice: <https://pubmed.ncbi.nlm.nih.gov/39707089/>
- Park, Kanaya, Meyer, and colleagues harmonized cognitive performance estimates in an older adult cohort of Vietnamese American immigrants in the Vietnamese Insights into Cognitive Aging Program (VIP) study: <https://pubmed.ncbi.nlm.nih.gov/40318127/>
- Kanaya and colleagues determined the sex-specific distribution of coronary artery calcium scores across the adult lifespan of South Asians in the United States (SAUS): <https://pubmed.ncbi.nlm.nih.gov/40402122/>
- Kanaya and colleagues aimed to characterize menopause timing, type (natural or surgical) and symptoms in US-based South Asian women: <https://pubmed.ncbi.nlm.nih.gov/40177961/>
- Kanaya and colleagues examined the associations between discrimination and inflammation and whether coping styles moderated the association between discrimination and self-rated health (SRH) among SAs in the United States: <https://pubmed.ncbi.nlm.nih.gov/40169421/>
- Kanaya and colleagues examined associations between a novel Planetary Health Diet Index (PHDI) that reflects adherence to the EAT-Lancet recommendations and cardiometabolic risk in a cohort of South Asians: <https://pubmed.ncbi.nlm.nih.gov/40568353/>
- Mukherjea and colleagues conducted a scoping review to assess the extent to which measures of structural racism are used in research with AAs and NH/PIs: <https://pubmed.ncbi.nlm.nih.gov/38539020/>
- Maglalang and colleagues conducted a culturally embedded critical collaborative autoethnography to examine their role in decolonial and liberatory mental health practices among Pilipinx Americans (PAs): <https://pubmed.ncbi.nlm.nih.gov/40549605/>
- Ho, Karliner, and colleagues sought to understand how partially language concordant visits are conducted and how they may be optimized to meet legal standards of non-discrimination: <https://pubmed.ncbi.nlm.nih.gov/39954380/>
- Ho and colleagues used discourse analytic techniques to illustrate how clinician-client conversation about Complementary and Integrative Health during a clinical encounter might lead to interactional health equity: <https://pubmed.ncbi.nlm.nih.gov/39862491/>
- Sabado-Liwag, Javier, and colleagues described the use of kuwentuhan for public health that involves the elements of (1) embodying kapwa, (2) collective storying and memory, (3) co-producing knowledge, and (4) generational language: <https://pubmed.ncbi.nlm.nih.gov/40171594/>
- Meyer and colleagues examined the association and explored which disability and chronic diseases might be associated with depressive symptoms among Vietnamese-origin older adults (≥65 years) from the Vietnamese Aging and Care Survey (VACS) in the United States: <https://pubmed.ncbi.nlm.nih.gov/40083119/>
- Park, Meyer, and colleagues described the assessment instruments, including a neuropsychological battery selected for the Vietnamese Insights into Cognitive Aging Program (VIP), and (2) introduced the Translation with Ongoing Adaptation and Improvement (ToAI) framework, an innovative and practical method for culturally informed translation and adaptation: <https://pubmed.ncbi.nlm.nih.gov/40501512/>

- Park, Meyer, and colleagues delineated the war-related traumas and strength in participants of the Vietnamese Insights into Cognitive Aging Program (VIP): <https://pubmed.ncbi.nlm.nih.gov/39923131/>
- Gomez and colleagues evaluated the association of ambient air pollution with COPD in a multiethnic population in California: <https://pubmed.ncbi.nlm.nih.gov/39847697/>
- Gomez and colleagues explored the elevated risk of lung cancer among Asian American women who have never smoked and articulated extant knowledge, based on studies in Asia, of a range of risk factors, such as a family history of lung cancer; a history of lung diseases, including tuberculosis and chronic obstructive pulmonary disease; exposure to cooking fumes and second-hand smoke; and various putative risk factors: <https://pubmed.ncbi.nlm.nih.gov/39565906/>
- Gomez and colleagues characterized incidences of bronchopulmonary dysplasia (BPD) and oxygen use at discharge in infants with very low birth weight (VLBW) by Asian American, Native Hawaiian, and Pacific Islander (AANHPI) ethnicity: <https://pubmed.ncbi.nlm.nih.gov/40581095/>
- Park and colleagues assessed the feasibility of two-year follow-up of the Wellness Enhancement for Caregivers (WECARE) intervention for Chinese American dementia caregivers, examined the changes in psychosocial health and explored future strategies: <https://pubmed.ncbi.nlm.nih.gov/39757693/>
- Park and colleagues performed translations and cultural adaptations in accordance with the World Health Organization (WHO) translation guidelines to ensure reliable, complete, and culturally appropriate translations from English to the specified Asian languages: <https://pubmed.ncbi.nlm.nih.gov/40528300/>
- Misra and colleagues described strategies used to conduct semi-structured, in-depth individual interviews on experiences and perceptions of severe mental conditions among South Asian individuals with psychiatric diagnoses, family members, and clinicians in New York City: <https://pubmed.ncbi.nlm.nih.gov/40290863/>
- Sy and colleagues explored knowledge, cultural beliefs, and age-specific recommendations associated with CRC and screening among Chamorus and Filipinos in Guam: <https://pubmed.ncbi.nlm.nih.gov/40427861/>
- Saw and colleagues examined participation in preventive cancer screening, healthcare access barriers, and facilitators in a community-based sample of Rohingya refugees in Chicago, Illinois: <https://pubmed.ncbi.nlm.nih.gov/39425481/>
- Saw and colleagues explored the relationship between integration (economic, linguistic, navigational, psychological, and social) and psychological distress among the Rohingya community in Chicago, and how it relates to age and gender: <https://pubmed.ncbi.nlm.nih.gov/37870791/>
- Sudhinaraset and colleagues explored the complex factors that influence fertility decisions among undocumented Asian and Latinx individuals in the U.S.: <https://pubmed.ncbi.nlm.nih.gov/40577942/>
- Sudhinaraset and colleagues examine structural racism and sexual and reproductive healthcare experiences among undocumented Asian and Latina: <https://pubmed.ncbi.nlm.nih.gov/40651240/>
- Sudhinaraset and coauthors report on the experiences with perinatal mental health screening, referrals and treatment among birthing people of color in California: <https://doi.org/10.1016/j.ssmqr.2025.100610>
- Cheng and colleagues examine racial and ethnic differences in sodium sources and sodium reduction behaviors among U.S. adults: <https://pubmed.ncbi.nlm.nih.gov/40434876/>

Additional Abstracts of Potential Interest

- Beyond the Mainstream: Exploring Parent Protective Behaviors in Asian Families Experiencing Pediatric Chronic Pain: <https://pubmed.ncbi.nlm.nih.gov/40564700/>
- Lung Cancer Screening Disparities in Asian American Subgroups in a Large Integrated Health System: <https://pubmed.ncbi.nlm.nih.gov/40551614/>
- " We don't talk about these things": Asian American Veterans' lived experiences and perspectives of suicide risk and prevention: <https://pubmed.ncbi.nlm.nih.gov/40530058/>
- Current Status of Cardiovascular Disease in Asian Americans: One Size Does Not Fit All: <https://pubmed.ncbi.nlm.nih.gov/40528042/>
- Discrimination during the COVID-19 pandemic against Asian Americans: Links to sleep and romantic relationships as context: <https://pubmed.ncbi.nlm.nih.gov/40522837/>

- Race in a Pandemic: Asian American Perceptions of Discrimination and Political Preferences in the 2020 Election: <https://pubmed.ncbi.nlm.nih.gov/40519979/>
- Addressing the Underutilization of Hospice Care in Asian American Communities: A Scoping Review: <https://pubmed.ncbi.nlm.nih.gov/40515683/>
- Curb Your Positive Stereotypes: Counter-Stereotypical Interventions Improve Attention to Inequality and Discrimination Against Asian Americans: <https://pubmed.ncbi.nlm.nih.gov/40515505/>
- Cultural adaptation of youth mental health first aid training for Asian American parents: <https://pubmed.ncbi.nlm.nih.gov/40506168/>
- Characteristics and Outcomes Among Asian Birthing People in the American Association of Birth Centers Perinatal Data Registry: <https://pubmed.ncbi.nlm.nih.gov/40492660/>
- Effects of Socioeconomic Status on Colorectal Cancer Incidence and Clinical Outcome Differences Among Asian American Populations: A Systematic Review: <https://pubmed.ncbi.nlm.nih.gov/40491647/>
- County-Level Factors and Mortality Among Pacific Islander Compared With Asian American Adults: <https://pubmed.ncbi.nlm.nih.gov/40478573/>
- Exploring eHealth Literacy and Its Impact on Mental Health Among Korean American Older Adults: <https://pubmed.ncbi.nlm.nih.gov/40476691/>
- South Asians and cardiometabolic health: A framework for comprehensive care for the individual, community, and population - An American society for preventive cardiology clinical practice statement: <https://pubmed.ncbi.nlm.nih.gov/40475260/>
- Ethnic-racial identity modulates emotion dysregulation and alcohol use among an adult sample of Asian Americans: <https://pubmed.ncbi.nlm.nih.gov/40471824/>
- Cultural Transmission: Understanding the Processes of Ethnic/Racial Socialization in Racially/Ethnically Minoritized Parents: <https://pubmed.ncbi.nlm.nih.gov/40564498/>
- Differential cardiovascular impact of ω -3 fatty acid in patients at high cardiovascular risk in Asians versus non-Asians: Sub-analysis of the strength randomized clinical trial: <https://pubmed.ncbi.nlm.nih.gov/40451708/>
- National Trends of Suicidal Thoughts and Behaviors Among Asian American Young Adults Between 2008 and 2019: The Intersection of Sex and Sexual Identity: <https://pubmed.ncbi.nlm.nih.gov/40450600/>
- The Association Between Perceived Discrimination and Body Mass Index (BMI) Among Asian American Women Before and During the COVID-19 Pandemic: <https://pubmed.ncbi.nlm.nih.gov/40427778/>
- Mental Health and Service Utilization Among Asian Indians in the United States: A Scoping Review: <https://pubmed.ncbi.nlm.nih.gov/40425975/>
- Advancing Asian American Women in Medical Leadership-Breaking Another Glass Ceiling: <https://pubmed.ncbi.nlm.nih.gov/40423978/>
- Asian American Female Residents' Perceptions of Facilitators and Barriers to Leadership in Medicine: <https://pubmed.ncbi.nlm.nih.gov/40423971/>
- Volunteering in adaptive sport: effects of altruistic and egoistic motivation on performance and sustained intention: <https://pubmed.ncbi.nlm.nih.gov/40406421/>
- Life Review Depression Intervention Conducted by Asian and White American Caregivers: A Mixed-Methods Study: <https://pubmed.ncbi.nlm.nih.gov/40411421/>
- Understanding Factors Associated With Sleep Quality in Korean American Older Adults Residing in Subsidized Senior Housing: <https://pubmed.ncbi.nlm.nih.gov/40403240/>
- Factors Associated With Preventive Dental Service Use in Older Korean-American Residents in Subsidized Senior Housing: Looking Beyond Dental Insurance: <https://pubmed.ncbi.nlm.nih.gov/40398854/>
- Chronic pain among Asian American children and associations with racial and ethnic discrimination: A nationally representative study: <https://pubmed.ncbi.nlm.nih.gov/40373932/>
- A Technology-Based Educational Intervention and Multiple Domains of Symptom Experience: Asian American Breast Cancer Survivors: <https://pubmed.ncbi.nlm.nih.gov/40372611/>
- Navigating Type 2 Diabetes Care: Asian American Perspectives on Self-Management Education and Support: <https://pubmed.ncbi.nlm.nih.gov/40370043/>

- Beyond Aggregated Race and Ethnicity Codes: An Examination of Additional Methods to Identify Asian American and Native Hawaiian and Other Pacific Islander Veteran Subgroups in Administrative Databases: <https://pubmed.ncbi.nlm.nih.gov/40366369/>
- A Scoping Review of Elder Mistreatment and Abuse in Asian Americans: <https://pubmed.ncbi.nlm.nih.gov/40353718/>
- Mortality from cardiovascular disease subtypes among Asian groups in the United States: <https://pubmed.ncbi.nlm.nih.gov/40348039/>
- Implicit bias and color-blind racial attitudes on views of Stop AAPI Hate: <https://pubmed.ncbi.nlm.nih.gov/40338590/>
- Online racism and psychotic experiences among Black American and Asian/Native Hawaiian/Pacific Islander American emerging adults in the United States: <https://pubmed.ncbi.nlm.nih.gov/40334439/>
- Racial discrimination and anti-racist action: The mediating effects of fair-society belief among Filipino American and Korean American young adults: <https://pubmed.ncbi.nlm.nih.gov/40317591/>
- The protective and promotive effects of parent racial-ethnic socialization on Asian American adolescents' psychosocial well-being: A daily-diary study: <https://pubmed.ncbi.nlm.nih.gov/40310184/>
- Intergenerational Solidarity and Mental Health in Chinese American Families: A Dyadic Approach: <https://pubmed.ncbi.nlm.nih.gov/40296850/>
- Public Health Research on Severe Mental Conditions Among Immigrant Communities in the United States: Strategies From a Qualitative Study with South Asian Immigrants in New York City: <https://pubmed.ncbi.nlm.nih.gov/40290863/>
- Culturally Tailored Community Brain Health Education for Chinese Americans Aged 50 or Above: A Mixed-Methods Open Pilot Study: <https://pubmed.ncbi.nlm.nih.gov/40277857/>
- Differences in Coronary Heart Disease and Stroke Incidence Among Single-Race and Multiracial Asian and Pacific Islander Subgroups in Hawaii and California: A Retrospective Cohort Study: <https://pubmed.ncbi.nlm.nih.gov/40240959/>
- Hmong Promoting Vaccines eHealth website: a community-based participatory research pilot to evaluate dissemination and implementation strategies for primary care and educational contexts: <https://pubmed.ncbi.nlm.nih.gov/40235015/>
- Ethnic-racial identity, racial discrimination, and mental health among monoracial and biracial Asian Americans: <https://pubmed.ncbi.nlm.nih.gov/40232749/>
- The Risk of Type 2 Diabetes among Older Asian, Native Hawaiian, and Pacific Islander Colorectal Cancer Survivors: A Population-Based Study Using the SEER-Medicare Database: <https://pubmed.ncbi.nlm.nih.gov/40227116/>
- Risk of Adverse Pregnancy Outcomes Among Asian Individuals With Gestational Diabetes Mellitus in the U.S., 2016-2021: <https://pubmed.ncbi.nlm.nih.gov/40208751/>
- Data Disaggregation in Action: Filipino Americans Who Do Not Identify As Asian: <https://pubmed.ncbi.nlm.nih.gov/40198569/>
- A Culturally Tailored Artificial Intelligence Chatbot (K-Bot) to Promote Human Papillomavirus Vaccination Among Korean Americans: Development and Usability Study: <https://pubmed.ncbi.nlm.nih.gov/40194281/>
- Ways Marriage and Family Therapists Can Create Supportive Therapeutic Spaces for Asian American Clients: <https://pubmed.ncbi.nlm.nih.gov/40189928/>
- Enabling disaggregation of Asian American subgroups: a dataset of Wikidata names for disparity estimation: <https://pubmed.ncbi.nlm.nih.gov/40188111/>
- Earlier age of onset of multiple sclerosis in Asian patients in a Northeastern United States cohort: <https://pubmed.ncbi.nlm.nih.gov/40184696/>
- Acculturation and educational involvement among Chinese immigrant parents: The mediating role of emotional well-being: <https://pubmed.ncbi.nlm.nih.gov/40180462/>
- Reconsidering autonomy: Asian Americans' use of relational autonomy in organ donation decisions: <https://pubmed.ncbi.nlm.nih.gov/40176016/>
- COVID-19-Related Racism and Mental Health Among Asian Americans: Integrative Review: <https://pubmed.ncbi.nlm.nih.gov/40173392/>
- Gendered racial microaggressions and Asian American women's hazardous alcohol use: The role of drinking to cope: <https://pubmed.ncbi.nlm.nih.gov/40168158/>

- The Effect of Acculturation on Diabetes Knowledge Among Chinese Americans With Type 2 Diabetes: <https://pubmed.ncbi.nlm.nih.gov/40165456/>
- Treatment Noncompletion and Shorter Radiation Regimens Among US Patients With Prostate Cancer: A Focus on Asian American and Pacific Islander Patients: <https://pubmed.ncbi.nlm.nih.gov/40165019/>
- A Home Disaster Preparedness Intervention Study with Korean American Residents in New York City: <https://pubmed.ncbi.nlm.nih.gov/40163261/>
- Sleep Quality of Persons with Dementia and Family Caregivers in Korean Americans: Wearable Technology to Study the Dyadic Association: <https://pubmed.ncbi.nlm.nih.gov/40098380/>
- Patient Portal Use Among Korean Americans With and Without Chronic Disease Condition: <https://pubmed.ncbi.nlm.nih.gov/40052919/>
- Prevalence and Risk Factors of Primary Angle Closure Disease in an Adult Chinese American Population: The Chinese American Eye Study: <https://pubmed.ncbi.nlm.nih.gov/40023353/>
- Organizational Commitment of Korean American Nurses: A Cross-Sectional Study: <https://pubmed.ncbi.nlm.nih.gov/39950401/>
- A perceived community typology in older Korean Americans: implications for mental health: <https://pubmed.ncbi.nlm.nih.gov/39497622/>
- Living between two cultures: stress in Korean American family caregivers of individuals with Alzheimer's disease and related dementias: <https://pubmed.ncbi.nlm.nih.gov/39494682/>
- Immigrant Status, Social Support From Children, and Resilience for Older Parents' Perceived Oral Health Among Chinese Americans: <https://pubmed.ncbi.nlm.nih.gov/39413297/>
- The Role of Sensory Impairment in Cognitive Health Appraisal: A Study of Older Korean Americans Living in Subsidized Senior Housing: <https://pubmed.ncbi.nlm.nih.gov/38621115/>